



## The emergency IUD “Morning-after” IUD

In addition to the „morning-after pill,” there is also the option of using an „emergency IUD” to prevent pregnancy after unprotected intercourse. This involves also the use of a copper IUD, a copper chain or copper bead ball. We recommend the IUD in this case as the data body is solid.

The copper IUD can remain in the uterus for five to ten years, depending on the model. The „emergency IUD” is a good option if you anyway intent to continue using a copper device for contraception, which can also be very cost-effective.

The hormonal IUD is not suitable for emergency contraception.

### **How does the „emergency IUD” work?**

Unlike the „morning-after pill,” which prevents or delays the ovulation, the „emergency IUD” works by releasing copper ions from the copper wire, which affects the uterine lining and prevents a fertilized egg from implanting in the uterine cavity. Therefore, the IUD can still prevent pregnancy even if ovulation and fertilization have already took place.

### **How long after unprotected sex can the „emergency IUD” be effective?**

The IUD will be inserted into the uterus after confirming that there is no existing pregnancy. This has to be tested the clinic directly before inserting the IUD.

The „emergency IUD” can be inserted up to five days (120 hours) after unprotected intercourse. By day six the fertilized egg may have already implanted in the uterus, resulting in a pregnancy, why the insertion of an IUD is not recommended anymore.



### **How effective is the „emergency IUD“?**

The „emergency IUD“ is highly effective and provides a more reliable prevention of pregnancy than the „morning-after pill,“ especially since it can prevent the implantation of a fertilized egg even after ovulation. Let's talk about it.